

You may qualify for free or reduced price meals. Applications are available at all schools and the District Office. For questions regarding the food service program you can call the Food Service office at (360) 604-4034.

# MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>March 8th &amp; 22nd</p>   <p>Get FREE Nutrislice App! Get school menus on your smart phone and helpful information about what's being served at school.</p>	 <p>Harvest of the Month Chard</p>	<p>First Day of SPRING is March 20</p>		<p>Ice Cream Day <b>1</b>  <b>Turkey &amp; Cheese Sub OR Chicken Nuggets</b>                      Tater Tots  <i>Energizing Chef's Salad</i>                      Assorted Leafy Greens topped w/Ham, Turkey, Cheese &amp; Hardboiled Egg  <b>Power Attack</b>                      Pepperoni, Jack Cheese, Grapes, Cucumbers, Whole Corn Chips</p>
<p><b>Soup, Salad, Sandwich 4</b>  <b>Grilled Cheese OR Sunbutter &amp; Jelly</b>                      Tomato Soup, Side Garden Salad  <i>Super Caesar Salad Bowl</i>                      Romaine Lettuce Topped w/Crispy Chicken Strips &amp; Croutons  <b>Dipping Power</b>                      Pepperoni &amp; Mozzarella, Pizza Dipping Sauce, Baby Carrots &amp; Pita</p>	<p><b>Italian Feast 5</b>  <b>Chicken Parmesan OR Italian Sub</b>                      Spaghetti &amp; Sauce  <b>TACO SALAD BOWL</b>                      Salad Blend, Seasoned Chicken, Shredded Cheese, Diced Tomato &amp; Crunchy Tortilla Chips  <b>YOGURT POWER</b>                      Strawberry Yogurt, Granola, Baby Carrots &amp; Pears</p>	<p><b>Pizza Hurray 6</b>  <b>Pepperoni OR Cheese Pizza</b>                      Orange Smiles  <b>POTATO BAR</b>                      Baked Potato, Cheddar Cheese, Sour Cream, Side Garden Salad &amp; Dinner Roll  <b>Pretzel Power</b>                      Deli Turkey &amp; Cheddar, Baby Carrots, Mixed Fruit &amp; Pretzel Sticks</p>	<p><b>All American Classic 7</b>  <b>Crispy Chicken Burger OR Hamburger</b>                      Crispy French Fries  <i>Super Spinach Salad</i>                      Mixed Leafy Spinach Greens, Hardboiled Egg, Bacon Bits, Mozzarella Cheese &amp; Dinner Roll  <b>YOGURT POWER</b>                      Vanilla Yogurt, Granola, Baby Carrots &amp; Pears</p>	<p><b>Mac Attack 8</b>  <b>Creamy Mac &amp; Cheese</b>                      w/Fresh Vegetable  <b>Chicken Nuggets OR Turkey Sub</b>  <i>Chef's Salad Bowl</i>                      Assorted Leafy Greens topped w/Ham, Turkey, Cheese &amp; Hardboiled Egg, Croutons &amp; Roll  <b>Goldfish Power</b>                      Pepperoni &amp; Cheddar, Baby Carrots, Mixed Fruit &amp; Goldfish Crackers</p>
<p><b>BRUNCH for LUNCH! 11</b>  <b>Pancake OR French Toast</b>                      Scrambled Egg Patty                      Diced Potatoes &amp; Maple Syrup  <i>Super Caesar Salad Bowl</i>                      Romaine Lettuce Topped w/Crispy Chicken Strips &amp; Croutons  <b>Dipping Power</b>                      Pepperoni &amp; Mozzarella, Pizza Dipping Sauce, Baby Carrots &amp; Pita</p>	<p><b>FUN BOWLS 12</b>  <b>Teri-yummy Chicken OR Corn Dog</b>                      Rice, Mixed Veggies &amp; Cookie  <b>TACO SALAD BOWL</b>                      Salad Blend, Seasoned Chicken, Shredded Cheese, Diced Tomato &amp; Crunchy Tortilla Chips  <b>YOGURT POWER</b>                      Strawberry Yogurt, Granola, Baby Carrots &amp; Pears</p>	<p><b>Pizza Day 13</b>  <b>Cheese OR Pepperoni Pizza</b>                      Fruit Salad  <b>POTATO BAR</b>                      Baked Potato, Cheddar Cheese, Sour Cream, Side Garden Salad &amp; Dinner Roll  <b>Pretzel Power Pack</b>                      Deli Turkey &amp; Cheddar, Baby Carrots, Mixed Fruit &amp; Pretzel Sticks</p>	<p><b>STATE FAIR DAY 14</b>  <b>Hot Dog OR BBQ Pork Rib</b>                      w/Curly Fries  <i>Super Spinach Salad</i>                      Mixed Leafy Spinach Greens, Hardboiled Egg, Bacon Bits, Mozzarella Cheese &amp; Dinner Roll  <b>YOGURT POWER</b>                      Vanilla Yogurt, Granola, Baby Carrots &amp; Pears</p>	<p><b>BITE SIZE IS BETTER 15</b>                      BITE SIZE  <b>Sunbutter &amp; Jelly Sandwich OR Popcorn Chicken</b>                      w/Bite Size Tater Tots  <i>Chef's Salad Bowl</i>                      Assorted Leafy Greens topped w/Ham, Turkey, Cheese &amp; Hardboiled Egg, Croutons &amp; Roll  <b>Goldfish Power</b>                      Pepperoni &amp; Cheddar, Baby Carrots, Mixed Fruit &amp; Goldfish Crackers</p>
<p><b>Texas Frito Pie, Oh my 18</b>  <b>Frito Pie OR Grilled Cheese</b>                      w/Salad &amp; Apple Crisp  <i>Super Caesar Salad Bowl</i>                      Romaine Lettuce Topped w/Crispy Chicken Strips &amp; Croutons  <b>Dipping Power</b>                      Pepperoni &amp; Mozzarella, Pizza Dipping Sauce, Baby Carrots &amp; Pita</p>	<p><b>Fiesta Time! 19</b>  <b>Bean &amp; Cheese Burrito OR Cheese Quesadilla</b>                      Seasoned Corn &amp; Raspberry Churro  <b>TACO SALAD BOWL</b>                      Salad Blend, Seasoned Chicken, Shredded Cheese, Diced Tomato &amp; Crunchy Tortilla Chips  <b>YOGURT POWER</b>                      Strawberry Yogurt, Granola, Baby Carrots &amp; Pears</p>	<p><b>Pizza Pie 20</b>  <b>Cheese OR Pepperoni Pizza</b>                      Peach Crisp  <b>POTATO BAR</b>                      Baked Potato, Cheddar Cheese, Sour Cream, Side Garden Salad &amp; Dinner Roll  <b>Pretzel Power Pack</b>                      Deli Turkey &amp; Cheddar, Baby Carrots, Mixed Fruit &amp; Pretzel Sticks</p>	<p><b>All American Classic 21</b>  <b>Crispy Chicken Burger OR Hamburger</b>                      Crispy French Fries  <i>Super Spinach Salad</i>                      Mixed Leafy Spinach Greens, Hardboiled Egg, Bacon Bits, Mozzarella Cheese &amp; Dinner Roll  <b>YOGURT POWER</b>                      Vanilla Yogurt, Granola, Baby Carrots &amp; Pears</p>	<p><b>Mac Attack 22</b>  <b>Creamy Mac &amp; Cheese</b>                      w/Fresh Vegetable  <b>Chicken Nuggets OR Turkey Sub</b>  <i>Chef's Salad Bowl</i>                      Assorted Leafy Greens topped w/Ham, Turkey, Cheese &amp; Hardboiled Egg, Croutons &amp; Roll  <b>Goldfish Power</b>                      Pepperoni &amp; Cheddar, Baby Carrots, Mixed Fruit &amp; Goldfish Crackers</p>
<p><b>National Waffle Day 25</b>  <b>Belgian Waffle OR Pancakes</b>                      Scrambled Egg Patty, Home Fries  <i>Super Caesar Salad Bowl</i>                      Romaine Lettuce Topped w/Crispy Chicken Strips &amp; Croutons  <b>Dipping Power</b>                      Pepperoni &amp; Mozzarella, Pizza Dipping Sauce, Baby Carrots &amp; Pita</p>	<p><b>FUN BOWLS 26</b>  <b>Teri-yummy Chicken OR Corn Dog</b>                      Rice, Mixed Veggies &amp; Cookie  <b>TACO SALAD BOWL</b>                      Salad Blend, Seasoned Chicken, Shredded Cheese, Diced Tomato &amp; Crunchy Tortilla Chips  <b>YOGURT POWER</b>                      Strawberry Yogurt, Granola, Baby Carrots &amp; Pears</p>	<p><b>PIZZA, PIZZA, PIZZA 27</b>  <b>Cheese OR Pepperoni Pizza</b>                      Orange Smiles  <b>POTATO BAR</b>                      Baked Potato, Cheddar Cheese, Sour Cream, Side Garden Salad &amp; Dinner Roll  <b>Pretzel Power Pack</b>                      Deli Turkey &amp; Cheddar, Baby Carrots, Mixed Fruit &amp; Pretzel Sticks</p>	<p><b>STATE FAIR DAY 28</b>  <b>Hot Dog OR BBQ Pork Rib</b>                      w/Curly Fries  <i>Super Spinach Salad</i>                      Mixed Leafy Spinach Greens, Hardboiled Egg, Bacon Bits, Mozzarella Cheese &amp; Dinner Roll  <b>YOGURT POWER</b>                      Vanilla Yogurt, Granola, Baby Carrots &amp; Pears</p>	<p><b>Ice Cream Day 29</b>  <b>Turkey &amp; Cheese Sub OR Chicken Nuggets</b>                      Tater Tots  <i>Chef's Salad Bowl</i>                      Assorted Leafy Greens topped w/Ham, Turkey, Cheese &amp; Hardboiled Egg, Croutons &amp; Roll  <b>Goldfish Power</b>                      Pepperoni &amp; Cheddar, Baby Carrots, Mixed Fruit &amp; Goldfish Crackers</p>
<p><b>HOT BREAKFAST</b>                      Pancake on a Stick OR Bagel &amp; Cream Cheese w/Juice &amp; Milk  <b>OFFERED DAILY</b>                      Yogurt Parfait or Blueberry Muffin                      Reduced Sugar Cereal                      w/String Cheese, Orange Wedges &amp; Milk</p>	<p><b>HOT BREAKFAST</b>                      Egg &amp; Cheese Muffin w/Banana &amp; Milk  <b>OFFERED DAILY</b>                      Yogurt Parfait or Blueberry Muffin                      Reduced Sugar Cereal                      w/WG Snack, Banana &amp; Milk</p>	<p><b>HOT BREAKFAST</b>                      Sausage &amp; Biscuit Sandwich w/Juice &amp; Milk  <b>OFFERED DAILY</b>                      Yogurt Parfait or Blueberry Muffin                      Reduced Sugar Cereal                      w/String Cheese, Orange Wedges &amp; Milk</p>	<p><b>HOT BREAKFAST</b>                      Ham &amp; Cheese Muffin w/Banana &amp; Milk  <b>OFFERED DAILY</b>                      Yogurt Parfait or Blueberry Muffin                      Reduced Sugar Cereal                      w/WG Snack, Banana &amp; Milk</p>	<p><b>HOT BREAKFAST</b>                      Breakfast Pizza OR Pancakes w/Sunbutter w/Juice &amp; Milk  <b>OFFERED DAILY</b>                      Yogurt Parfait or Blueberry Muffin                      Reduced Sugar Cereal                      w/String Cheese, Orange Wedges</p>

**Student Lunch \$1.85    Breakfast \$ .95    Milk \$ .45**

An elementary full breakfast includes a choice of breakfast including a fruit plus one (1) fruit side dish, and a choice of milk. A full lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) full fruit side dish, and a choice of milk. Milk choices include 1% and skim milk.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.

USDA & Evergreen School District are equal opportunity providers & employers